FRED DOUGLAS LODGE				FACILITY			SUBJECT TO CHANGES							
SUNDAY MONDAY			AY	TUESDAY		WEDN	WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	/==-	_					<u> </u>			1		2		
		1					<b>&gt;</b>	AR: A	CTIVITY ROOM	9:15	Curls n' Crunches A.R	8:15	Spruce Activities	
								FL: FIF	RESIDE LOUNGE	10:00	Where Am I? A.R	9:25	Evergreen Activities	
								CH: CI	HAPEL	11:00	Morning Walks		Willow Activities	
	AUJGU!								AMES ROOM			1:00	Maple/Elm Activities	
								DR: DINING ROOM		Entertainment in A.R	2:10	Oak Activities		
									FD: FAMILY DINING		w/ B-Side Apostles		Exercise,Ring Toss,	
							T		OARD ROOM		Bean Bag Darts A.R		Think Fast	
3		4		5		6		7		8		9		
				9:15	Exercise A.R	9:15		9:15	Exercise with	9:15	Strength Surge A.R		Spruce Activities	
			24.4	40.00			Word Unscramble A.R		Justin & Eric A.R		Alphabet Game A.R		Evergreen Activities	
			Stat	10:30	Morning Walks Outside	11:00		11:00	Morning Walks Outside	11:00	Daytime Walks Outside		Willow Activities	
			No Recreation	1.15	¢ Dingo ∧ D		Javelin A.R			1.15	Flamings Dags A.D.	1:00	Maple/Elm Activities	
					\$ Bingo A.R Noodle Hockey A.R		Affogoto Treat On Unit Axe Throwing A.R	3.30	Ladder Ball	1:15 3:30	Flamingo Race A.R Tennis Balloon Game A.R	2:10	Oak Activities Exercise, Name 5	
					Flower Race A.R	5:30	Bean Bag Trivia A.R		Bingo A.R	5:30	Karaoke A.R		Trivia Balloon Toss	
10		11		12	Tiower race 7t.re	13	Dean Bag Trivia 7	14	Birigo 7t.rt	15	Transaction Transaction	16	THVIA DAIIOOH 1033	
<u></u>			Fitness Fusion A.R		Better Bodies A.R		Muscle Masters A.R		Exercise with	9:15	Fit For Life A.R	8:15	Spruce Activities	
			Name That Sound A.R		\$ Bingo A.R		Name 5 A.R	3.10	Justin & Eric A.R		Trivial Balloon Toss A.R		Evergreen Activities	
			Morning Walks Outside		Daytime Walks Outside		Morning Walks	11:00	Daytime Walks Outside		Morning Walks		Willow Activities	
							Beach Craft A.R						Maple/Elm Activities	
		1:15	Bingo A.R	2:00	Entertainment in A.R		Fudge Bar On Unit			1:15	Summer Games A.R		Oak Activities	
		3:30	Water Bottle Race A.R		W/ Vic.N		Wheel Of Fortune A.R		Jeopardy	3:30	Hoop Toss A.R		Exercise, Sing-a-long	
		5:30	Bowling A.R	5:30	Hawaiian Bocce	5:30	Golf A.R		Bingo A.R	5:30	Horse Racing A.R		Table top Shuffle bowl	
17		18		19		20		21		22		23		
			,	9:15	Cardio Carnival A.R	9:15	Hawaiian Photo Shoot	9:15	Exercise with	9:15	Total Body Reset A.R	8:15	Spruce Activities	
			Give Me 5 A.R	40.00			Hawaiian Drink		Justin & Eric A.R	10:00	Maze Ball Drop A.R		Evergreen Activities	
		11:00	Daytime Walks Outside	10:30	Morning Walks Outside	1.15	Luau Games A.R	11:00	Morning Walks Outside	11:00	Daytime Walks Outside		Willow Activities	
		1.15	Bingo A.R	1.15	\$ Bingo A.R		Hawaiian Trivia Entertainment in A.R			1:15	Catch a Flower A.R		Maple/Elm Activities Oak Activities	
			Sing-A-Long A.R		Lawn Darts A.R	2.00	W/ Surprise Guest	3:30	Washer Toss A.R	3:30	Chicken Chuck A.R	2.10	Exercise, Disc Dunk,	
			Noodle Hockey A.R		Beach Ball Trivia	5:30	Butterfly Capture A.R		Bingo A.R	5:30	Shuffle Bowl A.R		Would You Rather	
24		25		26		27	- among captures are	28		29		30		
			R.O.M Exercise A.R		One More Rep A.R		Walk This Weigh A.R		Exercise with	9:15	Noodle Exercise A.R		Spruce Activities	
			Would You Rather	00			Air Canada Race A.R	0	Justin & Eric A.R	10:00	Memories A.R		Evergreen Activities	
		11:00		10:30	Daytime Walks Outside	11:00	Morning Walks	11:00	Daytime Walks Outside		Morning Walks Outside		Willow Activities	
			-				Bucket Pong A.R		-				Maple/Elm Activities	
			Bingo A.R		\$ Bingo A.R		Rootbeer Floats				Banana Split Treat A.R		Oak Activities	
			Basketball A.R		Tic Tac Toe A.R		Basketball A.R		Wheel of Fortune A.R		Soccer A.R		Exercise,Fishing	
<u> </u>		5:30	Hawaii Travelogue A.R	5:30	Golf Pong A.R	5:30	Karaoke A.R	5:30	Bingo A.R	5:30	Sing a long A.R		Trivia	
31					TIEN									