

Monday

Tuesday

Wednesday

Thursday

Friday

August 2025

OAK UNIT

August 2025 OAK UNIT										9:30 Exercise 10:00 Jingo 11:00 Morning Walk 1:15 1:1 Visit 2:00 Entertainment With B-Side Apostles (A.R)	1
STAT NO RECREATION	4	9:30 Exercise 10:30 Day time walk outside 11:00 Sing a long 1:15 Target game 2:15 Trivia 3:30 Off Unit (A.R)	5	9:30 Exercise 10:30 Bowling 11:00 Morning Walk 1:15 Off unit (A.R) 1:30 Affogoto Treat 3:30 Off unit (A.R)	6	9:30 Exercise 10:00 On Unit Manicures 11:00 Daytime Walk 1:20 Trivia 2:15 Name the sound 3:30 Off Unit (A.R)	7	9:30 Exercise 10:00 Golf pong 11:00 Daytime Walk outside 1:15 Off unit (A.R) 2:15 1:1 visit 3:30 Off Unit (A.R)	8		
	11	9:30 Exercise 10:00 Board games 11:00 Daytime Walk outside 1:15 Off unit (A.R) 2:15 Alphabet game 3:30 Off unit (A.R)	12	9:30 Exercise 10:30 Ladder ball 11:00 Morning Walk 1:15 Off unit (A.R) 1:30 Fudge bar Treats 3:30 Off unit (A.R)	13	9:30 Exercise 10:00 On Unit Manicures 11:00 Daytime Walk 1:20 Trivia 2:15 Name the sound 3:30 Off Unit (A.R)	14	9:30 Exercise 10:00 Golf pong 11:00 Daytime Walk outside 1:15 Off unit (A.R) 2:15 1:1 visit 3:30 Off Unit (A.R)	15		
	18	9:30 Exercise 10:00 Who I Am 11:00 Daytime Walk 1:15 Off unit (A.R) 2:00 Name the sound 3:30 off unit (A. R)	19	9:30 Exercise 10:30 Ladder ball 11:00 Morning Walk 1:15 Alphabet game 2:00 Entertainment With Vic (A.R)	20	9:30 Exercise 10:00 On unit Manicures 11:00 Daytime Walk 1:20 Target game 2:00 Sing a long 3:30 Off unit (A.R)	21	9:30 Exercise 10:00 Bean bag 11:00 Daytime Walk 1:15 Off Unit (A.R) 2:15 Name 5 3:30 Off Unit (A.R)	22		
	25	9:30 Exercise 10:00 Chicken in basket 11:00 Daytime Walk 1:15 Off unit (A.R) 2:00 Name 5 3:30 off unit (A. R)	26	9:30 Exercise 10:00 Noodle hockey 11:00 Day time walk 1:15 Off unit (A.R) 1:30 Root beer floats 3:30 Off Unit (A.R)	27	9:30 Exercise 10:00 Manicures 11:00 Day time walk 1:20 Trivia 2:15 bean bag 3:30 Off Unit (A.R)	28	9:30 Exercise 10:00 Bowling 11:00 Daytime Walk 1:15 Off Unit (A.R) 2:15 Name 5 3:30 Off Unit (A.R)	29		

SUBJECT TO CHANGES