

Monday

Tuesday

Wednesday

Thursday

Friday

August 2025

SPRUCE UNIT

August 2025 SPRUCE UNIT					9:15 Off Unit 10:00 Ball Dart 11:00 Exercises 11:30 1:1 Visits 1:15 Off Unit 2:00 Entertainment W/ B-Side Apostles A.R	1			
STAT NO RECREATION	4	9:15 Off Unit 10:00 Connect 4 11:00 Exercises 11:30 1:1 Visits 1:15 Noodle Hockey 2:30 What's this insect 3:30 hoop toss	5	9:15 Off Unit 10:00 Hangmen 11:00 Exercises 11:30 1:1 Visits 1:15 Off Unit 2:30 Wheel of fortune 3:30 Bocchi Ball	6	9:15 Off Unit 10:00 Brain Games 11:00 Exercises 11:30 1:1 Visits 1:15 Ladder ball 2:30 Dart Throwing 3:30 Sing along	7	9:15 Off Unit 10:00 spruce Triva 11:00 Exercises 11:30 1:1 Visits 1:15 Off Unit 2:30 chicken soup of soul 3:30 Summer Planting	8
	11	9:15 Off Unit 10:00 Dot 2 Dot Art 11:00 Exercises 11:30 1:1 Visits 1:15 Off Unit 2:30 Music and Riddles 3:30 Redlight Greenlight	12	9:15 Off Unit 10:00 Connect 4 11:00 Exercises 11:30 1:1 Visits 1:15 Name 5 2:30 Puzzles 3:30 Mini Bowling	13	9:15 Off Unit 10:00 Balance that object 11:00 Exercises 11:30 1:1 Visits 1:15 Off Unit 2:00 Entertainment w/ Vic A.R	14	9:15 Off Unit 10:00 Canada trivia 11:00 Exercises 11:30 1:1 Visits 1:15 Target Practice 2:30 Chicken Toss 3:30 Ladder Ball	15
	18	9:15 Off Unit 10:00 August Craft 11:00 Exercises 11:30 1:1 Visits 1:15 Off Unit 2:30 Flower making 3:30 hungry hungry hippo	19	9:15 Off Unit 10:00 Throwing Darts 11:00 Exercises 11:30 1:1 Visits 1:15 karaoke 2:30 Who am I 3:30 shuffle Bowl	20	9:15 Off Unit 10:00 Name that Tune 11:00 Exercises 11:30 1:1 Visits 1:15 Off Unit 2:30 Funnel Pong 3:30 Zumba	21	9:15 Off Unit 10:00 August Quiz 11:00 Exercises 11:30 1:1 Visits 1:15 Funny Jokes 2:30 Sharing Circle 3:30 Chair Drumming	22
	25	9:15 Off Unit 10:00 Chair Yoga 11:00 Exercises 11:30 1:1 Visits 1:15 Off Unit 2:30 puzzles and Games 3:30 Mosaic Tiles	26	9:15 Off Unit 10:00 Lip Balm Making 11:00 Exercises 11:30 1:1 Visits 1:15 Ring Toss 2:30 Friend Rock Painting 3:30 Bookmark Making	27	9:15 Off Unit 10:00 Seashell Napkins 11:00 Exercises 11:30 1:1 Visits 1:15 Off Unit 2:30 Farm Jingo 3:30 Classic Movies Quiz	28	9:15 Off Unit 10:00 basketball 11:00 Exercises 11:30 1:1 Visits 1:15 Balloon Volleyball 2:30 Board games 3:30 Just Dance Seniors	29

SUBJECT TO CHANGES