

Fred Douglas Society Inc.

Newsletter - January to April 2025



Spring: a lovely reminder
of how beautiful change
can truly be!

Welcome to the new quarterly newsletters. We will release issues January, April, July and October.

Since January Fred Douglas has been busy!

- Lots of activities in the Recreation department at the lodge
- We have added some new staff including:
 - A new Supportive Housing Coordinator has started at Heritage House
 - An Additional Dietary Aide
 - Two new Recreation Workers
- Clinical training for Nurses and HCAs
- Point Click Care training
- LGI HR Software training



If you have any content suggestions for upcoming newsletters, please reach out to Chantelle at ccalder@freddouglas.ca

Open houses are planned for :
Fred Douglas Chateau - April 12th 10am to 3pm
Fred Douglas Place - May 10th 10am to 3pm

Activities

Lots of fun has been had at the Lodge!

Noodle Hockey Games



Curling with Students



Target Practice



Watching Entertainment



MLA Visit



In February and March the Inkster Park daycare visited our seniors. There was a Valentines party with games & baking. March we help a Pub Day and in April Residents will take part in an Easter Craft.

Welcome Paola!

A WARM WELCOME TO **PAOLA MCQUEEN**, OUR NEW SUPPORTIVE HOUSING COORDINATOR AT HERITAGE HOUSE!

PAOLA WAS BORN IN CHILE AND IMMIGRATED TO CANADA AS A YOUNG CHILD. SHE STUDIED GERONTOLOGY AND HEALTH CARE AND HAS HAD EXPERIENCE IN MANY DIFFERENT FIELDS, FROM WORKING AS A MAID, FLIPPING BURGERS, BARTENDING AND WAITRESSING, TO WORKING WITH SENIORS, INDIVIDUALS WITH PHYSICAL DISABILITIES, AND ADMINISTRATIVE ROLES IN HOSPITAL AND HEALTH CARE.

PAOLA HAS TWO DAUGHTERS AND IS A PROUD GRANDMOTHER. BUT SPENDS MOST OF HER TIME WITH HER PET DOG CARLOS WHO LOVES TO GET INTO TROUBLE DURING THEIR WALKS! PAOLA LOVES PLANTS, LIVES AN ECO FRIENDLY LIFE AND TRIES TO LIVE AS HEALTHY AS POSSIBLE.

PLEASE JOIN US IN WELCOMING PAOLA!

Residents First. Always

New Employee

Employee Highlight

EMPLOYEE HIGHLIGHT



Liza
Registered Nurse

Liza is a compassionate nurse at Fred Douglas Lodge who often works in our Spruce unit, and sometimes leads the team as a charge nurse.

She has been a valued member of the Fred Douglas Lodge team for five years and truly loves what she does. Liza's favourite part of the job is spending meaningful time with the residents, believing that the most powerful form of care we can offer is simply being present with them. She calls these moments "precious".

Her passion for geriatrics stems from a personal connection— as she feels serving our residents is like serving her parents. Liza's genuine heart shines through in all she does. She is deeply appreciated by both her colleagues and the residents, and we are truly grateful for her dedication and kindness.

Residents First. Always

@freddouglas.ca

Employee Training

Gentle Persuasive Approach(GPA) training took place with Dr. Lois Archer, Clinical Nursing Specialist with the WRHA Geriatric Mental Health Team. The team learned education about brain changes and how to address some responsive behaviours in a safe, dignified and person-centred way.



Staff Names:

Left - Anicia (HCA), Normalyn (HCA), Ugina (HCA)

Row 1: Erlinda (HSKPG), Talwinder (HCA), Gemma (HCA), Rowena (HCA), Jasmine (HCA), Madeleine (Nurse)

Back row: Navneet (HCA), Dr. Archer, Ivania (HCA), Edylee (HCA), Bobbi (Nurse)

Over the next several weeks Nurses and Health Care Aide will be training on Point Click Care.

Point Click Care (PCC) is an electronic health record that enables to efficiently access resident information. It facilitates communication and collaboration with healthcare providers, offers tools for managing medication administration, reducing error and ensuring timely delivery.

We are excited for the efficiency this software will bring and the reduction of paper and duplicate work. Go live date is anticipated for April 28th.

PointClickCare®

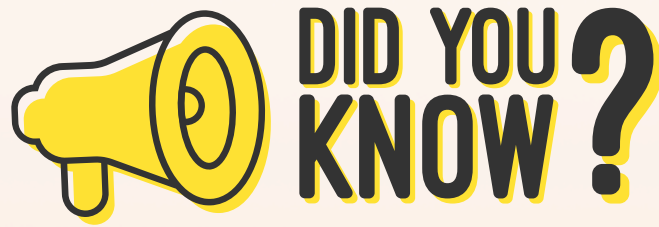


Fred Douglas Society is also busy implementing a new Human Resources software. This will streamline the scheduling process as well as HR process such as leave request, viewing schedules, pay stubs and benefit banks. Training is starting and the go live date is anticipated for beginning of June.

Fred Douglas Society is participating in an non-profit campaign with Assiniboine Credit Union. Our CEO Greg Reid is featured along with some front line staff!



From left to right: Liza Tina (RN), Lannie Lopez (HCA), Amandeep Gill (HCA) and Fatima Deuna (Infection Control)



Did you know that Fred Douglas Society is a non-profit charity? We accept donations for all of our entities for items that are not funded.

Why We Need Your Help

Your generosity makes a difference! At Fred Douglas Society, we are dedicated to enhancing the lives of seniors by providing essential services, compassionate care, and meaningful programs that foster dignity, independence, and connection. Guided by our commitment to Residents First, Always, your donation helps us offer critical resources like additional equipment, wellness activities, and social engagement opportunities to those who need them most. Every contribution, no matter the size, directly impacts the well-being of our senior community. Join us in making a lasting difference—donate today and help us create a brighter, more supportive future for our elders.

Each Entity, serving different audiences, have different needs. We are working on a new donation page on our website to assist with raising funds for different items. Watch for this new page. In the meantime visit our page here:

<https://freddouglas.ca/donate-now/>



Donations can be accepted through Canada Helps, e-transfer or on site at the lodge through cash, cheque or credit card. A tax receipt can be issues for your generous donation. We appreciate your support!

