

Monday	Tuesday	Wednesday	Thursday	Friday
			1 STAT NO RECREATION	2 12:15 Gentle Workout 1:15 Guess that sound 2:30 Golf pong 3:30 Friendly visits 5:30 Sing A Long A. R
5 12:15 Winter Warm Up 1:15 Bingo AR 2:30 Pictionary 3:30 Ring Toss 5:30 Horse Racing A. R	6 12:15 Light Movement 1:15 Bean bag toss 2:30 Brain Teasers 3:30 Sing Along 5:30 Noodle Ball A. R	7 12:15 Afternoon Stretches 1:15 Off Unit Program AR 2:30 Guess that song 3:30 Social club 5:30 Shuffle Bowl A. R	8 12:15 Chair Exercise 1:15 Coffee and Trivia 2:30 Manicures 3:30 Target Practice 5:30 Bingo AR	9 12:15 Gentle Workout 1:15 Off Unit Program AR 2:00 Entertainment in AR with Mosaics 3:30 Friendly visits 5:30 Bowling A. R
12 12:15 Winter Warm Up 1:15 Bingo AR 2:30 Bean bag toss 3:30 Who am I Trivia 5:30 Golf Pong A. R	13 12:15 Light Movement 1:15 Winter chicken Toss 2:30 Coffee and Trivia 3:30 Target Practice 5:30 Balloon Elimination A. R	14 12:15 Afternoon Stretches 1:15 Off Unit Program AR 2:30 Who am I Trivia 3:30 Ring Toss 5:30 Big Bucket Pong A. R	15 12:15 Chair Exercise 1:15 Balloon Toss 2:30 Manicures 3:30 Can fishing 5:30 Bingo AR	16 12:15 Gentle Workout 1:15 Off Unit Program AR 2:30 Name five 3:30 Friendly visits 5:30 Ladder Ball A. R
19 12:15 Winter Warm Up 1:15 Bingo AR 2:30 Ring Toss 3:30 Would you Rather 5:30 Bowling A. R	20 12:15 Light Movement 1:15 Balloon Volleyball 2:30 Bean bag toss 3:30 Think fast 5:45 Entertainment in A.R with Andre V	21 12:15 Afternoon Stretches 1:15 Off Unit Program AR 2:30 Coffee and Trivia 3:30 Golf pong 5:30 Hangman A. R	22 12:15 Chair Exercise 1:15 Can fishing 2:30 Manicures 3:30 Target Practice 5:30 Bingo AR	23 12:15 Gentle Workout 1:15 Off Unit Program AR 2:30 Golf pong 3:30 Friendly visits 5:30 Sing A Long A. R
26 12:15 Winter Warm Up 1:15 Bingo AR 2:30 Can Fishing 3:30 Who am I Trivia 5:30 Big Bucket Pong A. R	27 12:15 Light Movement 1:15 Winter chicken Toss 2:30 Coffee and Trivia 3:30 Target Practice 5:30 Left & Right Game A. R	28 12:15 Afternoon Stretches 1:15 Off Unit Program AR 2:30 Bean bag toss 3:30 Think fast 5:30 Horse Racing A. R	29 12:15 Chair Exercise 1:15 Noodle Ball 2:30 Manicures 3:30 Riddles 5:30 Bingo AR	30 12:15 Gentle Workout 1:15 Brain Teasers 2:00 Entertainment in AR with Frasier River Band 3:30 Friendly visits 5:30 Bocce Ball

SUBJECT TO CHANGES