

Monday

Tuesday

Wednesday

Thursday

Friday

					1 8:30 Hello Friends 2 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Workout Zone 1:15 Never Have I? 2:00 Off Unit Program	
Jan 2026 WILLOW UNIT					STAT NO RECREATION	
8:30 Good Morning 5 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Exercise/Trivia 1:15 Off Unit Program 2:30 1-1 Friendly Visits	8:30 Hello Everyone 6 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Stretches/Let's Sort 1:15 Manicures/Toss 2:00 Would You Rather 2:45 Ice Fishing	8:30 Rise And Shine 7 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Fit,Fab & Fun 1:15 Off Unit Program 2:30 1-1 Friendly Visits	8:30 Hello Sunshine's 8 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Break A Sweat 1:15 1-1 Visits/Walks 2:00 Trivial Balloon Toss 2:45 Manicures	8:30 Hello Friends 9 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Workout Zone 1:15 Riddles 2:00 Off Unit Program		
8:30 Good Morning 12 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Exercise/Trivia 1:15 Off Unit Program 2:30 1-1 Friendly Visits	8:30 Hello Everyone 13 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Stretches/Let's Sort 1:15 Manicures/Toss 2:00 Would You Rather 2:45 Ice Fishing	8:30 Rise And Shine 14 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Fit,Fab & Fun 1:15 Off Unit Program 2:30 1-1 Friendly Visits	8:30 Hello Sunshine's 15 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Break A Sweat 1:15 1-1 Visits/Walks 2:00 Trivial Balloon Toss 2:45 Manicures	8:30 Hello Friends 16 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Workout Zone 1:15 Off Unit Program 2:00 Brain Busters		
8:30 Good Morning 19 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Exercise/Trivia 1:15 Off Unit Program 2:30 1-1 Friendly Visits	8:30 Hello Everyone 20 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Stretches/Let's Sort 1:15 Manicures/Toss 2:00 Would You Rather 2:45 Ice Fishing	8:30 Rise And Shine 21 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Fit,Fab & Fun 1:15 Off Unit Program 2:30 1-1 Friendly Visits	8:30 Hello Sunshine's 22 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Break A Sweat 1:15 1-1 Visits/Walks 2:00 Trivial Balloon Toss 2:45 Manicures	8:30 Hello Friends 23 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Workout Zone 1:15 Riddles 2:00 Off Unit Program		
8:30 Good Morning 26 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Exercise/Trivia 1:15 Off Unit Program 2:30 1-1 Friendly Visits	8:30 Hello Everyone 27 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Stretches/Let's Sort 1:15 Manicures/Toss 2:00 Would You Rather 2:45 Ice Fishing	8:30 Rise And Shine 28 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Fit,Fab & Fun 1:15 Off Unit Program 2:30 1-1 Friendly Visits	8:30 Hello Sunshine's 29 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Break A Sweat 1:15 1-1 Visits/Walks 2:00 Trivial Balloon Toss 2:45 Manicures	8:30 Hello Friends 30 9:15 Off Unit Program 10:00 Off Unit Program 10:45 Workout Zone 1:15 Never Have I? 2:00 Off Unit Program		

SUBJECT TO CHANGES