

FRED DOUGLAS LODGE

FACILITY

SUBJECT TO CHANGES

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
AR: ACTIVITY ROOM FL: FIRESIDE LOUNGE CH: CHAPEL GR: GAMES ROOM DR: DINING ROOM FD: FAMILY DINING BR: BOARD ROOM						1		2		3		4	
						9:15 Spring in to Motion CH 10:00 Hangman CH 1:15 April Craft On Unit 3:30 Badminton CH 5:30 Golf Pong CH		9:15 Egg-cellent Exercise CH 10:00 Think Fast CH 3:30 Pass the Egg CH 5:30 Bingo CH		STAT NO RECREATION		8:15 Spruce Activities 9:25 Evergreen Activities 10:00 Easter service(chapel) 12:00 Willow Activities 1:00 Maple/Elm Activities 2:10 Oak Activities, Exercise, Balloon Toss,Finish the phrase	
5		6		7		8		9		10		11	
			STAT NO RECREATION	9:15 Egg-ercise Workout CH 10:00 Who Am I Trivia CH 1:15 \$ Bingo CH 3:30 Pictionary CH 5:30 Curling CH	9:15 April Showers Stretch CH 10:00 Trivial Balloon Toss CH 1:15 Toss & Stick Madness CH 3:30 Egg Ring Toss CH 5:30 Noodle Ball CH	9:15 Hop into Health CH 10:00 Memory Lane CH 2:00 Entertainment with B-Side Apostles FL 5:30 Bingo CH	9:15 Spring Chicken Cardio CH 10:00 Name 5 CH 1:15 Noodle Ball CH 3:30 What's in the Egg?CH 5:30 Disk Toss CH	8:15 Spruce Activities 9:25 Evergreen Activities 10:35 Willow Activities 1:00 Maple/Elm Activities 2:10 Oak Activities, Exercise, Target practice, Puppy Trivia					
12		13		14		15		16		17		18	
	9:15 Egg roll Chair Moves CH 10:00 Pet Professor CH 1:15 Bingo CH 3:30 Are you Smarter then a 5th grader? CH 5:30 Golf CH	9:15 Spring Garden Stretch CH 10:00 Would you Rather CH 1:15 \$ Bingo CH 3:30 Ladder Ball CH 5:30 Bean Bag Tictactoe CH	9:15 April Moves & Grooves CH 10:00 Alphabet Game CH 1:15 Bocce Ball CH 3:30 Balloon toss Trivia 5:30 Bucket Pong CH	9:15 Sunny Seat Moves CH 10:00 April Trivia CH 3:30 Target Practice CH 5:30 Bingo CH	9:15 April Power Hour CH 10:00 Friday Funnies CH 1:15 Board Games Day CH 1:30 Special Treat on Unit 3:30 Corn Hole CH 5:30 Sing A Long CH	8:15 Spruce Activities 9:25 Evergreen Activities 10:35 Willow Activities 1:00 Maple/Elm Activities 2:10 Oak Activities, Exercise, Noodle Hockey, Random Trivia							
19		20		21		22		23		24		25	
	9:15 Blooming Strong CH 10:00 Name 5 CH 1:15 Bingo CH 3:30 Wack a Staff CH 5:45 Entertainment in FL w/ Andre.V	9:15 Spring Step Cardio CH 10:00 Word Unscramble CH 1:15 \$ Bingo CH 3:30 Bean Bag Trivia CH 5:30 Shuffle bowl CH	9:15 R.O.M exercise CH 10:00 Whats in My Bag CH 1:15 Aim for the Throne CH 3:30 Who Am I Trivia CH 5:30 Basketball CH	9:15 Bloom and Move CH 10:00 Hangman CH 3:30 Balloon Swing CH 5:30 Bingo CH	9:15 Sunshine Stretch CH 10:00 Flash Back News CH 1;15 Wack-A-Mole CH 1:30 Special Treat on Unit 3:30 Chicken Chuck CH 5:30 Balloon Toss Trivia CH	8:15 Spruce Activities 9:25 Evergreen Activities 10:35 Willow Activities 1:00 Maple/Elm Activities 2:10 Oak Activities, Exercise, Ladder Ball, who am I Trivia							
26		27		28		29		30					
	9:15 April Breeze Stretch CH 10:00 Facility walk 1:15 Bingo CH 3:30 Badminton CH 5:30 Bocce Ball CH	9:15 Blossom Boogie CH 10:00 Balloon toss Trivia CH 1:15 \$ Bingo CH 3:30 Water Bottle Race CH 5:30 Parachute Game CH	9:15 Noodle Stretch CH 10:00 Sing A Long CH 1:15 Shuffle Bowl CH 3:30 Pictionary CH 5:30 Shuffle Bowl CH	9:15 Fresh Start Cardio CH 10:00 Do you Remember? CH 3:30 Hooked on Fun CH 5:30 Bingo CH									