

Monday		Tuesday		Wednesday		Thursday		Friday	
 July 2026 OAK UNIT				STAT NO RECREATION		1 9:15 Good morning sunshine 9:30 Move to the beat 10:30 Sing along 1:15 Canada day fun 2:20 Noodle Ball 3:30 Off unit (AR)	2 9:15 Chats & visits 1:1 9:30 Move your body 10:30 Balloon toss trivia 1:15 Target practice 2:20 Creative art 3:30 Off unit (AR)	3	
9:15 Monday chats 9:30 Move your body 10:30 Trivia 1:15 Bingo (AR) 2:20 Manicures/ 1:1 visit 3:30 Off unit (AR)	6	9:15 Chats & visits 1:1 9:30 Exercise 10:30 Think fast 1:15 Volleyball 2:00 Entertainment in A.R with Vic.N	7	9:15 Morning chats 9:30 Noodle exercise 10:30 Balloon toss trivia 1:15 Horse racing 2:20 Manicures/ 1:1 visit 3:30 Off unit (AR)	8	9:15 Good morning sunshine 9:30 Move to the beat 10:30 Name that tune 1:15 Golf Pong & Riddles 2:20 Noodle Ball 3:30 Off unit (AR)	9	9:15 Chats & visits 1:1 9:30 Move your body 10:30 Balloon toss trivia 1:15 Basketball 2:20 Creative art 3:30 Off unit (AR)	10
9:15 Monday chats 9:30 Move your body 10:30 Trivia 1:15 Bingo (AR) 2:20 Manicures/ 1:1 visit 3:30 Off unit (AR)	13	9:15 Chats & visits 1:1 9:30 Exercise 10:30 Who am I 1:15 Bean bag toss 2:20 Sing along 3:30 Off unit (AR)	14	9:15 Morning chats 9:30 Noodle exercise 10:30 Balloon toss trivia 1:15 Hoop toss 2:00 Petting Zoo Outside	15	9:15 Good morning sunshine 9:30 Move to the beat 10:30 Sing along 1:15 Golf Pong & Riddles 2:20 Noodle Ball 3:30 Off unit (AR)	16	9:15 Chats & visits 1:1 9:30 Move your body 10:30 Balloon toss trivia 1:15 Target practice 2:20 Creative art 3:30 Off unit (AR)	17
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SUBJECT TO CHANGES