Monday	Tuesday	Wednesday	Thursday	Friday
2 12:15 Afternoon Stretches 1:15 Bingo (AR) 2:30 Chicken Chuck 3:30 Off Unit (AR) 5:30 Collect the Ball (AR)	**3** 12:15Fitness Fun 1:15 $Bingo (AR) 2:30 Word Unscramble 3:30 Off Unit (AR) 5:30Golf Pong (AR)	**4** 12:15 Gentle Work Out 1:15 Off Unit (AR) 2:00 Entertainment W/ Bob. F (AR) 5:30 Kerplunk (AR)	**5** 12:15 Move with Music 1:15 Off Unit (AR) 2:30Table Bowling 3:30 Off Unit (AR) 5:30 Bingo (AR)	**6** 12:15 Move and Groove 1:15 Off Unit (AR) 2:30Pictionary 3:30 Off Unit (AR) 5:30 Karaoke (AR)
9 12:15Gentle Work Out 1:15 Bingo (AR) 2:30Noodle Ball 3:30 Off Unit (AR) 5:30 Bucket Pong (AR)	**10** 12:15 Chair Exercise 1:15 $Bingo (AR) 2:30 Noodle Ball 3:30 Off Unit (AR) 5:30 Bean Bag Tik Tak toe (AR)	**11** STAT NO RECREATION 	**12** 12:15 Light Movement 1:15 Off Unit (AR) 2:30 Golf pong 3:30 Off Unit (AR) 5:30 Bingo (AR)	**13** 12:15 Fitness fun 1:15Off Unit (AR) 2:00 Entertainment w/ Shirleys Dance Rascals (AR) 5:30Bocce Ball (AR)
16 12:15 Fitness Fun 1:15 Bingo (AR) 2:30 Table top Horse Racing 3:30 Off Unit (AR) 5:30 Basketball (AR)	**17** 12:15 Move to the Music 1:15 $Bingo (AR) 2:30 Tik Tak Toe 3:30 Off Unit (AR) 5:30 Pass the Bucket (AR)	**18** 12:15Fitness Fun 1:15 Off Unit (AR) 2:30 Kerplunk 3:30 Off Unit (AR) 5:30 Lawn Dart Toss (AR)	**19** 12:15Afternoon Stretch 1:15 Off Unit (AR) 2:30 Ring toss 3:30 Off Unit (AR) 5:30 Bingo (AR)	**20** 12:15Chair Exercise 1:15 Off Unit (AR) 2:30 Who Am I 3:30 Off Unit (AR) 5:30 Sing A Long (AR)
23 12:15Fitness Fun 1:15 Bingo (AR) 2:30 Hangman 3:30 Off Unit (AR) 5:30 Hockey (AR)	**24** 12:15Afternoon Stretch 1:15$Bingo (AR) 2:30 Manicures 3:30 Off Unit (AR) 5:30 Noodle Ball (AR)	**25** 12:15Light Movement 1:15Off Unit (AR) 2:30 Corn Hole 3:30 Off Unit (AR) 5:30 Golf Pong (AR)	**26** 12:15 Gentle Work Out 1:15 Off Unit (AR) 2:30 Social Circle 3:30 Off Unit (AR) 5:30 Bingo (AR)	**27** 12:15 Move to the music 1:15 Sadie Hawkins Dance, treats, pictures & Music (AR) 2:30 Tik Tak Toe 3:30 Off Unit (AR) 5:30 Shuffle Board (AR)
30 12:15Afternoon Stretch 1:15 Bingo (AR) 2:30 Bean Bag Toss 3:30 Off Unit (AR) 5:30 Bocce Ball (AR)				

November 2026

EVERGREEN UNIT



SUBJECT TO CHANGES