Monday	Tuesday	Wednesday	Thursday	Friday
2 8:30 Hello Friends 9:10 Off Unit Program 10:00 1-1 Friendly Visits 10:45 One More Rep 1:15 Off Unit Program 2:30 Mini Bowling	**3** 8:30 Good Morning 9:10 Off Unit Program 10:00 Manicures 10:45 Walk This Weigh 1:15 Off Unit Program 2:30 Sing-A-Long	**4** 8:30 Wakey Wakey 9:10 Off Unit Program 10:00 Scatter & Sort 10:45 Crunch Time 1:15 Friendly walks/Visits 2:00 Off Unit Program	**5** 8:30 Morning To All 9:10 Off Unit Program 10:00 Manicures 10:45 Total Body Rest 1:15 Off Unit Program 2:30 Mini Golf	**6** 8:30 Beautiful Day 9:10 Off Unit Program 10:00 1 -1 Visits 10:45 Exercise 1:15 Off Unit Program 2:30 I Spy
9 8:30 Hello Friends 9:10 Off Unit Program 10:00 Manicures 10:45 Workout Zone 1:15 Off Unit Program 2:30 Balloon Toss	**10** 8:30 Good Morning 9:10 Off Unit Program 10:00 Friendly Walks/Visit 10:45 Stretches 1:15 Off Unit Program 2:30 Puppy Races	**11** <u>Remembrance Day</u> <u>No Recreation</u>	**12** 8:30 Morning To All 9:10 Off Unit Program 10:00 Friendly Visits 10:45 Fit, Fun & Fab 1:15 Off Unit Program 2:30 Sing-A-Long	**13** 8:30 Beautiful Day 9:10 Off Unit Program 10:00 Manicures 10:45 One More Rep 1:15 Off Unit Program 2:30 Catch Of The Day
16 8:30 Hello Friends 9:10 Off Unit Program 10:00 1-1 Friendly Visits 10:45 Total Body Rest 1:15 Off Unit Program 2:30 How Many?	**17** 8:30 Good Morning 9:10 Off Unit Program 10:00 Manicures 10:45 Reach For The Sky 1:15 Off Unit Program 2:30 Sing-A-Long	**18** 8:30 Wakey Wakey 9:10 Off Unit Program 10:00 Scatter & Sort 10:45 Workout Zone 1:15 Friendly walks/Visits 2:30 Who Am I?	**19** 8:30 Morning To All 9:10 Off Unit Program 10:00 Manicures 10:45 Exercise 1:15 Off Unit Program 2:30 What's In My Bag	**20** 8:30 Beautiful Day 9:10 Off Unit Program 10:00 1-1 Visits 10:45 Crunch Time 1:15 Off Unit Program 2:30 Beanbag Toss
23 8:30 Hello Friends 9:10 Off Unit Program 10:00 Manicures 10:45 Stretches 1:15 Off Unit Program 2:30 Kerplunk	**24** 8:30 Good Morning 9:10 Off Unit Program 10:00 Friendly Visits 10:45 Fit, Fun & Fab 1:15 Off Unit Program 2:30 Shuffle Bowl	**25** 8:30 Wakey Wakey 9:10 Off Unit Program 10:00 Memories 10:45 One More Rep 1:15 Friendly walks/Visits 2:30 1-1 Friendly Visits	**26** 8:30 Morning To All 9:10 Off Unit Program 10:00 Friendly Visits 10:45 Walk This Way 1:15 Sweet Treat And Christmas Cards	**27** 8:30 Beautiful Day 9:10 Off Unit Program 10:00 Manicures 10:45 Total Body Rest 1:15 Off Unit Program 2:00 Off Unit Program
30 8:30 Hello Friends 9:10 Off Unit Program 10:00 Friendly 1-1 Visits 10:45 Exercise 1:15 Off Unit Program 2:30 Sing-A-Long				

November 2026

WILLOW UNIT



SUBJECT TO CHANGES